

INCLUDE Neurodiversity Mentoring



Caressa Wakeman

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 Appointments available through Nexus!

Caressa is a kind and welcoming mentor and master's student in Curriculum and Instruction, with a focus on Engineering Education. As a UConn Chemical Engineering graduate who identifies as both autistic and as an ADHDer, she has personal experience navigating college and engineering as a neurodiverse student. Caressa's passion lies in supporting and empowering undergraduate students, so she is excited to get to know you and help guide you on your academic and personal journey at UConn!

Open to BRIDGE students and students in the Department of Civil and Environmental Engineering. Open to others based on availability.



Get support at **NO COST** to you



Chat with a bilingual, Spanish-speaking mentor



Identify and develop strengths



Get connected to resources



Discuss strategies for academic and personal success



Develop and enhance self-advocacy skills



Learn how to seek assessment related to neurodiversity diagnoses



INCLUDE PROGRAM